

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# *My Daily Flute Workout*

I will complete this workout \_\_\_\_\_ times this week.

Posture Check-in: (Return to this as needed.)	
My Warm-up	
My Etude(s)	
My Scale Responsibilities	
My Tone Check-in (Return to this as needed.)	
My Solo Repertoire	
My Band Repertoire	
My Other Repertoire	
Research	
Listening	
Theory	